



PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

Rector's Letter

Dear Friends:

Following is my attempt to summarize the outstanding work of the St. Paul's Outreach Visioning Team.

During the last 5 months this team of Bill Holmes, Dan Loughlin, Dave Mackie, the Rev. Sarah Phelps, Anne Pilgrim, Tad Richard, Kevin Swann, and Aleta McClenney, has worked towards a goal of providing St. Paul's with a deeper, broader, richer sense of how we might live out our call as Christians to extend our faith beyond the pew on Sundays and to work, in service, with those whom Jesus blessed and whom we are called to love as we love ourselves. Information collected through adult education, surveys, listening circles, and one-on-one conversations falls into three broad categories: Philosophical, Financial, and Structural.

PHILOSOPHICAL: Three main themes emerged. 1. Local, hands-on, and relational. While not excluding work beyond the Triangle, parishioners expressed a strong desire for hands on, relational work in our community. 2. Focused on hunger, housing, and "vulnerable populations", including children, elderly, those with mental illness, veterans, farm workers, and recent immigrants. 3. Communicated in a variety of ways. Examples suggested were "outreach only" e-mail blasts, inserts, presentations by outside organizations, and a focus every four months on a particular area identified above. Further, opportunities and successes could be highlighted in homilies, regular outreach-specific announcements, and adult ed.

FINANCIAL: 1. Fundraising: There has been a commitment to outreach through fundraisers such as the Festival of the Arts and Lobster Fest and those who make these possible are to be commended. But there was expressed a desire that parish leadership commit some budgetary level of funding to outreach so that fundraisers are not the sole source, but rather a supplement, to outreach. 2. Reliability: A desire to improve confidence in the leadership that outreach is a parish priority.

STRUCTURAL: 1. Operational: The present outreach committee, representative of the various ministries that currently are a part of who we are as a parish, is invaluable. 2. Strategic: A new strategic outreach committee of 9-12 people could take responsibility for the overall vision of outreach including long-term planning, consideration, and development of new ministries, issues of finance, etc.

The report was recently presented to the vestry, and it is our prayer that the information will provide some direction to our parish leadership and parishioners as we take our next steps forward – thankful for so much good that has been done and mindful of so much more that can be accomplished. The survey is available on the parish website.

George

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Next Newsletter

Deadline:

Thursday,

Nov. 12, 2015

at 10:00 a.m.

newsletter@stpaulscary.org

Warden's Corner



Fall is in the air, the leaves are starting to change colors, and the weather is changing too. St. Paul's has had a strong start to the programming year and, before you know it, Christmas will soon be upon us. Before we rush to the season of Advent, however, I would like to highlight a few events coming up in November.

Building on the well-attended Stewardship Dinner on October 14th, all parishioners are also invited to attend one of three stewardship small group events on November 6th and 7th. This will be an opportunity to discuss how St. Paul's is fulfilling its mission in your life and how St. Paul's can better serve our community. Please check out our parish website www.stpaulscary.org or call the

office (919-467-1477) for more information on attending one of these events led by Peter Saros, M. Div.

Mark your calendar for the Sunday of that weekend, November 8th, which is both Stewardship Sunday and the Annual Meeting. The Annual Meeting will take place between the 9:00 a.m. and 11:15 a.m. services, as usual. I invite you to attend to receive updated information on the parish and cast your vote for the 2016-2019 vestry class.

Prayerfully submitted,
Julia Rudy,
Junior Warden.

Vestry Candidates – Class of 2016

Four new vestry members will be elected at the Annual Meeting on November 8.

Shown in reverse alphabetical order of last name.



Karen Smith



Kevin McIntire



Frank Laney



Jeff Kager



LaQuinta Jernigan



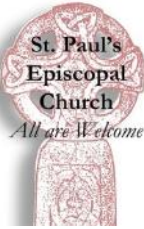
Rick Bradley

About Our Church

We express our sympathy to Suzanne Jennings for the death of her father, Michael Richmond; to Melanie Fairbrother for the death of her uncle, Robert Hinnant; to Beth Hughey for the death of her brother, George R. "Richie" Creech; and to Rex Pearce for the death of his mother, Georgia "Opal" Pearce Hall.

We rejoice in the baptisms of Henry David Hauser, son of Brent and Jillian Hauser; and Reid Philip Jennings, son of David and Suzanne Jennings.

*Submitted by Melanie Fairbrother
Office Manager*



Ministry of the Week



Nov 1	Memorial Garden
Nov 8	Annual Parish Meeting No Coffee Hour
Nov 15	St. Nicholas Ministry
Nov 22	MOMS / Stay at Home Parents
Nov 29	Advent Craft

ASP Chore Day

Calling all youth patrons! Have a job at home that needs to get done? Need a garden mulched or yard raked? Need a garage cleaned? Help us help you! The youth of St. Paul's are offering their services to raise money to go on Appalachia Service Project (ASP) mission trip this year. The ASP chore day will take place on Saturday,



Hire-A-Youth Work Crew

November 7, from 8:00 a.m. to 12:00 noon. To sign up for a work crew to come to your home or if you have more questions, contact Kevin Swann at swann.kev@gmail.com or 919-607-5913. Rain or shine, it's workin' time!

Submitted by Kevin Swann



Women's Study Group

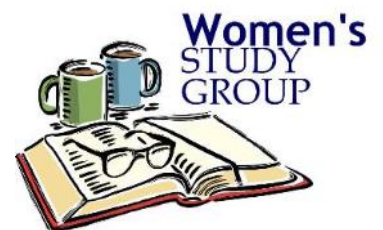
The Women's Study Group meets Tuesday, November 10th from 12:00 noon - 1:30 p.m. in the bride's room to discuss *The Word Exchange* by Alena Graedon. It is set in a futuristic New York City where the "death of print" has become a reality. From Goodreads: "*The Word Exchange* becomes a cautionary tale that is at once a technological thriller and a meditation on the high cultural costs of digital technology." We hope you can join us for an interesting discussion.

Our upcoming books include:

November 10 *The Word Exchange* by Alena Graedon;
December 8 *The Road to Character* by David Brooks;
January 12 *Preparation for the Next Life* by Atticus Lish; and
February 9 *Life From Scratch* by Sasha Martin.

We would love to have you join us for our discussions – even if you haven't finished the book! If you have any questions, contact Leah Dail at LeahDail@gmail.com.

Submitted by Leah Dail



Lobster Fest Recap

Should we hope / pray for rain next year?!!

Yes, it rained for the first time in our nine years of Lobster Fest, but YOU, our "Rain Saint" volunteers, responded with cheerfulness and smiles as you assisted our guests with the caring and efficiency that have become hallmarks of St. Paul's Lobster Fests. Going into the weekend, we were unsure of what turnout (walk-ups) to expect on a rainy day but we brought in almost 400 lobsters above our confirmed number, and ingredients to make about 275 more Lobster Rolls above pre-orders. We sold out within about an hour after we opened, and (unfortunately) had to turn away a whole "wharf-full" of folks who arrived without confirmed orders hoping to purchase as walk-ups. Now that we know people will brave the rain for our delicious Lobsters and Rolls we'll be more aggressive in ordering next year.

Sales of almost 1,600 Lobsters and about 1,050 Lobster Rolls were records (that's more than 2,500 folks eating lobster items via St. Paul's), and our "profit" should be around \$17,000. Part of that amount will remain in the Men's Group Funds for emergency projects around the church, but the majority will be divided among outreach

needs, youth activities, and unfunded St. Paul's projects, as determined by the vestry and Men's Group.

Each Lobster Fest seems to become the "best ever" as the teams of volunteers grow both in numbers and expertise. We heard countless complimentary comments from guests as they departed, and



below are some of the "written" messages of appreciation:

"They were delicious!" (Facebook)

"Thank you for a wonderful treat in the lobster rolls. I had an uncooperative knee the last couple of days. I was offered help several times. Everything was so organized so that I was able to get back home quickly with my treasure. And I have a second one for tomorrow! Thanks again for such a positive experience!" (e-mail)

"Found out about this event through a neighborhood website. Delicious beyond expectations and so well run! Congrats hope you made a lot of money for your youth programs." (e-mail)

Joined the Harris' yesterday for your Lobster Fest. Just wanted to say, we had a great time and the lobsters were EXCELLENT. (e-mail)

"I ordered \$90.00 worth of Lobsters - which were wonderful!" (e-mail)

We owe thanks and appreciation to the St. Paul's volunteers who organized and oversaw with incredible efficiency the various aspects of Lobster Fest, the MANY volunteers (adult and youth) who spent hours sorting / packaging / serving / smiling / collecting / cooking / distributing / smiling / guiding / assisting / driving / smiling / bussing / entertaining / erecting / cleaning / and always smiling! (In addition to thanking all the above, a special note of appreciation for their generous donations by parishioners Joy and Lou Moshakos (Carolina Ale Houses, Taverna Agora, etc.) and their vendor U.S. Foods, as well as thanks to Ron Barbee.

Mark the date for next year's Lobster Fest: Bringing together St. Paul's expanded community for a great time! (Lobster Fest 2016: First Saturday in October: October 1st).

Submitted by Ted Straub

Fellowship Event

Please join the fellowship team for our annual trek to Replacements Limited in Greensboro on November 21st. We will be meeting in the parking lot at St. Paul's before 9.30 a.m. and carpooling to Greensboro with a stop for lunch at a place to be determined. We will be back at St. Paul's by 4:00 p.m. Replacements is

a huge warehouse emporium of silver, china, crystal, and many gift items so you can get a jump start on your holiday shopping. For further information, call Barbara Brickman at 919-469-9966 and look for a sign-up sheet in the narthex.

Submitted by Barbara Brickman



Annual Trek to Replacements, Ltd.

Arts and Crafts Festival – Nov. 14

Question: Why should you come to the Arts & Crafts Festival?

- It's a great opportunity to shop for handmade items by local artisans.
- You can win your choice of fabulous raffle prizes.
- There will be a free concert by the Handbell Choir.
- The St. Paul's Table will have handmade items by parishioners.
- There will be food trucks and a bake sale.
- You can help to support outreach.
- There will be a strolling quartet of singers.
- You can buy books at great prices.
- Best Friend Pet Adoption will bring adoptable dogs (in the courtyard, weather permitting).
- It's a fun event with something for everyone.

Answer: All of the above!

All are welcome at the Arts & Crafts Festival on Saturday, November 14, from 10:00 a.m. to 4:00 p.m. This is truly a parish event, and everyone's participation helps to make it a success.

Parishioners are participating as exhibitors, donors, bakers, and volunteers.

The parish hall will be filled with artisans offering a wide variety of handmade items. You'll find additional exhibitors in the courtyard. You can enjoy coffee in the youth wing, along with baked goods made by St. Paul's members. In the narthex, you'll find a wide array of hand knit and crochet items by the Prayer Stitchers, along with mugs and triptychs by Dan Loughlin, and the popular "St. Paul's Table," featuring the work of St. Paul's parishioners and clergy. The book sale and raffles will be located in the hallways. And the best part is that our proceeds will go to outreach.

Please spread the word to your friends, neighbors, and co-workers.

Please check the web page for more information on the artisans, raffle prizes, and more. You'll also find a link to volunteer: <http://www.stpaulscary.org/festival/>

Submitted by Sally Moller



ARTS & CRAFTS FESTIVAL

The Newsletter is also available in pdf format



ST. PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

Get your copy of this Newsletter, *St. Paul's Letter*, in pdf format. It looks better in color, it is easy to search, and all the hyperlinks work.

You may get both the pdf version and a printed paper copy in black & white, but if you opt to get **ONLY** the pdf version, you will save the church money for postage and printing.

Send an email to newsletter@stpaulscary.org and request an electronic version of the Newsletter. Include the word "ONLY" in your response if you want to receive **only** the pdf version and **not** have a printed copy of the Newsletter mailed to you.

Happy Turkey Month from St. Paul's Preschool!



October rolled in with a visit from the Fire Department and yummy Donuts for Dads and went out with our fun-filled Halloween Parade! The 3, 4, and 5 year olds delight us every year with their spooky, pretty, and just absolutely adorable costumes.

The 4's and 5's also enjoyed a field trip to Farmer Ganyard at Upchurch Farm this month. The children learned about the life cycle of the pumpkin and got to pick a pumpkin right off the vine!

Chapel started for the 2's classes. October was rich in exciting classroom learning experiences and activities!

November is a special month of thanks at the preschool. We will focus on all the many blessings we have here at St. Paul's. The 4 and 5 year olds will have a Thanksgiving Feast in the parish hall on Tuesday, November 24th. The 2 and 3 years olds will have special activities within their own classroom.

Laura and I are thankful for all our fabulous teachers and wonderful families at the preschool. St. Paul's Preschool is a special place to be!

Happy Thanksgiving!

Brooke Bowersox

St. Paul's Preschool Director



Children's Ministries



Christine Ingram
Children's
Ministries Director
467-1477, ext. 19

VBS-2016: Two Options!

Our VBS is so nice, we are offering it twice (again)! By popular demand, in June 2016 we will be offering a traditional daytime VBS and also an abbreviated evening VBS. Our traditional 9:00 a.m.-

12:00 noon VBS and our evening VBS will be held during the week of June 20-24, 2016. Planning for our VBS sessions will begin in January 2016 - all help is welcome!

Children's Stewardship

Our Children's Stewardship Basket is collecting for Stop Hunger Now. Please contribute as the children continue their collection toward our \$2900 goal that will sponsor a children's Stop Hunger Now



Day on May 15, 2016. Money for this event will be collected June 1, 2015 through May 15, 2016. To date we have collected over \$600!



Intergenerational Craft Event-Nov. 29th

The Children's Ministries Committee will host its annual Intergenerational Craft Event on Sunday, November 29 during coffee hour. There will not be Sunday school or children's chapel that

day, so everyone is welcome to attend. We will enjoy freshly baked chocolate chip cookies and make an ornament for your Christmas tree. All ages and stages are welcome!

Thank You to Our Volunteers

Children's Ministries would like to thank all the families and volunteers that helped with our second annual "Yam Jam" and with set up and clean up at the Pumpkin Carving. We also want to thank

St. Paul's Youth and their advisors for the wonderful Carnival and Trunk or Treat! We appreciate everyone's efforts to do wonderful things for their St. Paul's family and for our neighbors everywhere.

★ Thank You! ★
★ THANK YOU! ★

Christmas Pageant – December 13, 2015 at the 9:00 a.m. Service

Calling all Christmas Pageant enthusiasts (age 3 to 5th Grade)! It is time to brush off your acting skills (although no prior experience is necessary) and get ready for our annual Christmas Pageant. We'll be performing our rendition of "The Story of Christmas" for the congregation at the 9:00 a.m. service on December 13.

We will need angels, innkeepers, shepherds, narrators, the holy family, and, of course, a whole menagerie of animals. Time commitment for the pageant is minimal, and children may choose to have a speaking part – or not. All children should be prepared to attend a rehearsal on the morning of December 12, from 10:00 a.m.-12:00 noon. Children with speaking parts should be prepared to attend an extra rehearsal on Friday night, December 11, and an extra hour of practice on Saturday morning and should practice their speaking lines at home.

Teddy Bear Tea

Looking for something special for your younger children? How about a Teddy Bear Tea?! All children are welcome to join us for our second annual Teddy Bear Tea, February 20 at 10:00 a.m. in the parish hall. Please bring your favorite stuffed animal and your favorite

PJ Sunday!

To celebrate Daylight Saving, all of St. Paul's children are invited to wear the pajamas to church on November 1. Please follow Wake County Public

Pre-EYC

Pre-EYC enjoyed an October outing to Glenaire where the children wore their Halloween costumes and distributed candy and good cheer to Glenaire residents. Our November

Pageant forms are available in the church office and in the file box located near the Children's Ministries bulletin board in the education building. Please complete the form and return to the file folder located on the Sunday School bulletin board (first bulletin board on the left as you proceed up the education building hallway). We must have all forms completed and turned in by 10:00 a.m. on November 15. Speaking parts will be assigned (by seniority and random drawing) at 10:15 a.m. on November 15.

Adult helpers will be needed as well! Please complete the volunteer interest form that will be attached the pageant participation form. Volunteering for the pageant is a great way to spend time with your child during the busy holiday season. Stay tuned for more information about the pageant!

chaperone (Mom, Dad, Grandparents, etc.) and enjoy some tasty treats and fellowship with other stuffed animals, their owners and chaperones. More information and sign up for this event will be announced after the holidays.

Schools Dress Code regulations. Enjoy the morning being super comfortable and know that all the parents wish they could be in their jammies too!

meetings include a meeting hosted by the Senior High EYC and then a thankfulness meeting. Pre-EYC families be sure to watch your email for more details about these fun meetings!



Christmas
Pageant





Children's Ministries 2015-2016 Calendar

<i>Date</i>	<i>Event</i>
Note:	<i>(Sunday School and Children's Chapel are held each Sunday unless otherwise noted below.)</i>
Nov 1	PJ Service (wear your pajamas to church!)/ Daylight Saving Time ends
Nov 6	Church Development Dinner for Young Families. Pizza to be served and a magician will perform a one hour show for the children!
Nov 8	Pre-EYC at 11:15 a.m. (led by the high schoolers!)
Nov 15	Pageant Parts assigned / No 11:15 a.m. Children's Chapel
Nov 22	Pre-EYC at 11:15 a.m.
Nov 29	Intergenerational Event – Coffee Hour / No Sunday School / No Children's Chapel
Dec 6	St. Nicholas Sunday / Last Day of Sunday School for 2015 / Pre-EYC Christmas Party at 11:15 a.m.
Dec 11	Christmas Pageant Rehearsal 6:00 – 8:00 p.m.
Dec 12	Christmas Pageant Rehearsal 9:00 a.m. – 12:00 noon
Dec 13	Christmas Pageant at 9:00 a.m. Service / No Sunday School / No Children's Chapel
Dec 20	No Children's Chapel / No Sunday School / No Pre-EYC
Dec 24	Christmas Eve Service for Families with young children at 4:00 p.m.
Dec 27	No Children's Chapel / No Sunday School / No Pre-EYC
Jan 3	No Children's Chapel / No Sunday School
Jan 10	Sunday School Resumes at 10:00 a.m. / Children's Chapel resumes
Feb 9	Pancake Supper
Feb 10	Ash Wednesday Service for Families at 5:15 p.m.
Feb 20	Teddy Bear Tea at 10:00 a.m.
Mar 6	Sunday School Teacher Appreciation Brunch
Mar 12	Food Bank Volunteering (afternoon)
Mar 13	PJ Sunday – Daylight Saving Time starts
Mar 20	No Sunday School – Palm Sunday
Mar 25	Good Friday Service for Children at 10:00 a.m.
Mar 27	Easter Sunday: Easter Egg Hunt/ No Sunday School / No Children's Chapel
Apr 3	Spring Break: No Sunday School / No Children's Chapel
Apr 10	Communion Class #1 at 10:10 a.m.
Apr 16/17	Pre-EYC Spring Overnight Retreat
Apr 17	Communion Class #2 at 10:10 a.m.
Apr 24	Communion Class #3 at 10:10 a.m.
May 1	First Communion Celebration at 9:00 a.m. service (Last official day of Sunday School)
May 8	Mother's Day / No Sunday School
May 15	Stop Hunger Now Event for Children
May 22	Bishop's Visit /Confirmation Sunday
Jun 20-24	Day and Evening VBS!



Fostering the love of Christ in the youth of St. Paul's.

Youth Coordinator
Leah Dail
Leah.Dail@stpaulscary.org

The mission of the Youth Ministry is to develop a spiritually rich community of young people through fellowship, fun, education, service, and worship. Our Core Development Values are the foundation of our ministry and define what is most important. They are:

- ◆ Fellowship ◆ Education ◆ Fun ◆ Growth ◆ Spiritual Development ◆ Service ◆ Inclusiveness ◆ Respect

Youth Sunday School

Come join us for youth Sunday school beginning September 13th! There is a middle school class for 6th – 8th graders and another for high schoolers, grades 9 – 12. The Sunday school hour is from 10:10 a.m. – 11:00 a.m. (between services). Middle schoolers meet in the youth wing. And no need to go by Coffee Hour - we will have snacks for you there. High schoolers meet in Room 10 of the education building.

Our curriculum is *Episcopal Curriculum for Youth*, from Virginia Theological Seminary. The lessons for November are:

- 11/1 Cost of Relationships: Disappointments
- 11/8 Cost of Relationships: Sharing the Burden
- 11/15 Cost of Relationships: False Friends
- 11/22 Cost of Relationships: Trusting a Friend
- 11/29 No Sunday school

Episcopal Youth Community

Every young person in grades 6-12 who attends St. Paul's is welcome to be a part of the Episcopal Youth Community (EYC). The youth group is divided into middle school and high school programs, though sometimes activities are combined. Friends are always welcome to attend. EYC gathers on Sunday nights for fellowship and fun

activities from 5:00 – 7:00 p.m. with a shared meal at 6:30 p.m. We combine lots of zaniness – games, songs, lots of action – with worship and service. Our mission is to develop a spiritually rich community of young people through our programming and the presence of faith-filled adults. It's organized chaos but it works!

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

Philippians 4:8

Theme for November: Choices

We now move into November, and throughout the month we'll explore the theme of "Choices." We are all faced with making choices daily – some small and mundane, some of them very important with lasting consequences. We will look at the Christian practice of discernment, a way to give thoughtful attention to ourselves and to God in order to make better choices. Our prayer is that by learning how to discern more faithfully, we can "make wise decisions as complicated beings in a complicated world." (*Ways to Live*, p.171) And don't worry – we'll have lots of fun doing it!

November EYC Schedule

<i>Date</i>	<i>Middle School</i>	<i>High School</i>
Nov 1	EYC: 5:00 - 7:00 p.m.	EYC: 5:00 - 7:00 p.m.
Nov 8	EYC: 5:00 - 7:00 p.m.	Host Pre-EYC at 11:15 a.m. – 1:00 p.m. & then go out to lunch together afterwards. No evening EYC.
Nov 15	EYC: 5:00 - 7:00 p.m.	Visit NCSU Episcopal Campus Ministry. Worship with them and have lunch there. Meet at church at 11:45 a.m. We will need additional drivers. No evening EYC.
Nov 22 Tie Dye T Shirts	EYC: 5:00 - 7:00 p.m.	EYC: 5:00 - 7:00 p.m. <i>You should have already ordered a t-shirt (check with Leah if you haven't). We'll have all the supplies, so come ready to be creative. Wear clothes that can get dye on them, just in case.</i>
Nov 29	Enjoy time with your family over the Thanksgiving weekend.	

The Youth Program Needs You!

Sites to sign up to assist with Youth Ministry

Acolytes: <http://www.signupgenius.com/go/10c0b4ba5a628aa8-acolytes> (Access Code 1477. Please contact Leah if you need training.)

EYC Meals: <http://www.signupgenius.com/go/8050d4baeaa229-stpauls> (Please sign up for 3 times a year.)

EYC Advisors: <http://www.signupgenius.com/go/20f054daaaa2ba46-eycadvisors> (This is for

anyone interested in helping at EYC. We need more adults, hopefully folks who can come on a consistent basis to build relationships and community.)

Sunday School Teachers: <http://www.signupgenius.com/go/20f054daaaa2ba46-sunday> (We currently have a full slate of teachers, but if you're interested in being a sub, let Leah know.)

St. Paul's Youth Help at Lobster Fest



Adult Education Opportunities

SUNDAY MORNINGS BETWEEN THE 9:00 AND 11:15 A.M. SERVICES .

CONVERSATION & COMMUNITY: in a small group setting, selections from Brian McLaren's book, *We Make the Road by Walking*, are used to facilitate spiritually-focused conversation and to foster friendships. Please come for one week, or all weeks, or anything in between. There is no need to sign up, no homework, and nothing to bring but yourself! This group is for anyone looking for something more casual than adult education forums in the chapel, but more structured than coffee hour. Meetings are in the church's conference room. If you have any questions, feel free to contact Kasia Hinkson at kasihinkson@gmail.com or at (919) 869 - 5106.

FORUMS, presentations and discussions on a wide range of topics, are held in the chapel. Watch for more information about this series in bulletin notices and on the St. Paul's website. All are welcome to attend forums on Sunday mornings!

CENTERING PRAYER: "Be still and know that I am God." (Psalm 46) The psalmist describes both the method and the goal of Centering Prayer: a silent consent to the presence of God in our hearts, in our lives. A combined St. Paul's / Cary Presbyterian Centering Prayer group meets in the parlor on the main floor of Cary Presbyterian Church at 9:00 a.m. on Fridays. Come join us! For more information contact Martha Waters, Martha.wtrs@gmail.com.

THE DAILY OFFICE is a series of prayers for daily devotions in the morning and evening. It can be read privately or corporately as a liturgy in church. The Daily Office Lectionary (BCP pg. 934) is a 2-year cycle of scripture readings which cover most of the Bible and recite the complete cycle of psalms every seven weeks. Daily Office recordings are made by St. Paul's readers and are available in MP3 format at www.stpaulscary.org. Readings by St.

Paul's readers are also broadcast on the Church Broadcasting Entity Radio (THE-CBE.org). More information is available at the church web site.

THE JULIAN GATHERING meets on the second and fourth Wednesdays of each month at 9:15 a.m. for contemplative prayer and the study of Julian of Norwich. Julian was a 14th century mystic and author of *The Revelations of Divine Love*, often acknowledged as one of the world's great spiritual classics. November 11 is the next meeting date. For more information, contact Lanny Wase, lannywase@mac.com, 919-466-9050.

MINISTRY OF MOTHERS SHARING (MOMS). MOMS is a course for women who would like to devote time to their spiritual development. This peer-led ministry offers mothers of all ages a place to share the stress, concerns, and positive experiences that have influenced their spiritual growth. At least one session of MOMS is offered each year. More information is available at www.stpaulscary.org.

PEOPLE OF ALL COLORS AND CULTURES TOGETHER (PACCT) meets on first Tuesdays at 7:00 p.m. in the youth wing. We will continue our discussion on race relations and diversity in our community and America. Please join us on November 3rd for our next meeting! For more information text Andrea at 919-348-9599.

THE WOMEN'S STUDY GROUP is open to women who are interested in reading and discussing literature. The group alternates reading fiction and non-fiction each month. Many, but not all, of our selections have spiritual / religious themes. The group meets the second Tuesday of the month from 12:00 noon to 1:30 p.m. in the bride's room. The next meeting is November 10. Child care is available on request. For more information, see the article on page 3 of this Newsletter, or contact Leah Dail,

(Continued on page 12)



Centering Prayer

Adult Education Opportunities *(continued)*

(Continued from page 11)

LeahDail@gmail.com.

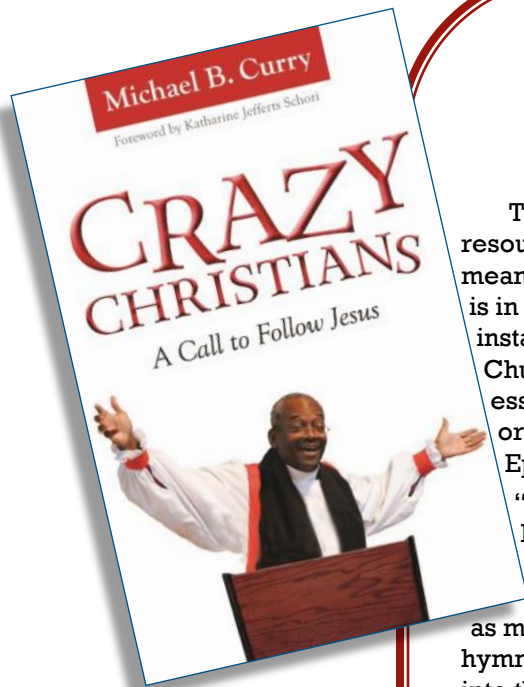


UNDERSTANDING SCRIPTURE, A Three-Part Study in Advent meeting on Thursday Nights (Dec 3, 10, and 17) 7:00 p.m. in the youth wing.

Trying to understand Scripture can seem like a daunting task, but it doesn't have to be. Join us for a three-part study on the Bible that will cover three main questions: Where did the Bible come from? How did we get the Bible we know

today? How do we use the Bible in today's world? The class will be taught by Andrew Zawierucha, a parishioner here at St. Paul's. Andrew has a background in Biblical languages and literature with a seminary degree in New Testament studies. We welcome you to come to one or all of the offered sessions. Child care will be available on request. Contact Beth Barnes for more information, eanbarnes@gmail.com.

*Submitted by Beth Barnes
and St. Paul's Adult Education Committee*



Crazy Christians, A Call to Follow Jesus

Written by Bishop Michael B. Curry

**Adult Education Book of the Month
November 2015**

The St. Paul's Adult Education Committee is introducing a new resource, the selection of a book each month which we hope will be meaningful to parishioners in their spiritual journey. Our first selection is in honor and appreciation of Bishop Michael B. Curry, who will be installed November 1 as the 27th Presiding Bishop of the Episcopal Church. *Crazy Christians, A Call to Follow Jesus*, is a collection of his essays, most of which began as sermons or addresses he preached or delivered over twelve years to the Annual Convention of the Episcopal Diocese of North Carolina.

"What does it mean to be a Christian in the 21st century?" The Most Reverend Dr. Katharine Jefferts Schori asks that question in her Foreword to *Crazy Christians* and invites us to "Read and savor these chapters – read them aloud, even, for their cadences teach as much as the words on the page – read, recite, and sing, too, for the hymnody here will enter your bones and help to transform your heart into the vulnerability and compassion of Jesus." One reviewer wrote: "Filled with wisdom, humor, and insight, *Crazy Christians* is one of the finest introductions to the great breadth of Christian faith I've ever come across."

Bishop Curry is also the author of *Songs My Grandma Sang*, in which he shares the music of his childhood, songs that have grown with him to shape his faith.

St. Nicholas is coming to St. Paul's!

St. Nicholas is coming!

Letters have been delivered to the six agencies that we serve: Thompson Child & Family Focus (formerly known as Thompson Children's Home), CommWell Health in Newton Grove, West Haven Housing Ministry, The Healing Place, The Caring Place, and PLM-Families Together. We received about 450 names from these organizations, with the largest number of names coming from CommWell Health. Thompson does not identify individual children but gives us categories of items that they can use in caring for the children.

■ We began the St. Nicholas ministry in the early 1980s to provide Christmas presents for the children at the Thompson's Children's Home, an Episcopal-sponsored orphanage located in Charlotte, NC. Back then, Thompson gave us the names of the children with a wish list for each child. We published the list, and people brought gifts...lots of gifts. It was clear that St. Paul's could serve another agency.

■ At the time, St. Paul's was actively involved in our Diocese's nascent Episcopal Farmworker Ministry (EFwM), providing clothing and support services weekly to migrant farmworkers in Newton Grove. The EFwM program was located at the TriCounty Health Center, a migrant health program operated by the local county health departments and funded by the federal government to provide health care to migrant farmworkers. Since then, TriCounty has expanded its services and changed its name to CommWell Health, but it is still a community-governed and community-owned organization that provides health care to seasonal farmworkers in Eastern NC. Our diocese has since established a permanent EFwM facility, El Centro Episcopal, next door to the Tri-County health facility to minister to and to serve seasonal farmworkers better. St. Paul's has supported the Episcopal Farmworker Ministry from its inception in the early '80s, and the Advent Tree was created to accommodate the larger number of names that came about by adding the

children of seasonal farmworkers to our St. Nicholas list. We still continue to get many children's names from CommWell Health.

■ In 2001, we added children from the Episcopal Housing Ministry (EHM) (now known as West Haven Housing Ministry) to the St. Nicholas list. EHM was a St. Paul's- and Diocesan-sponsored initiative to provide low-income, safe, housing for the working poor in Wake County. It has now been turned over to a private agent, West Haven, to manage.

■ The next year, we included children identified by the Healing Place in Raleigh. These gifts go to the children of clients recovering from substance abuse.

■ The Caring Place (added in 2008) and PLM-Families Together (added in 2010) provide housing and job-counseling for the homeless in Cary and Wake County.

Two agencies do not want us to wrap the gifts that we collect for them – Thompson Child & Family Focus and the Healing Place. Since 2004, the gifts to Thompson are actually not Christmas gifts – they are items that the agency can use throughout the year, so the counselors need to be able to see what the gift is. The Healing Place asks its recovering clients to wrap the gifts for their children themselves. This way, they know what they are giving.

Again this year, we have, in some cases, tied together tags for a single family. These bundled tags will be held by the St. Nicholas figure that will be standing on the counter by the tree. If you are inclined to make purchases for an entire family, please look for these bundled tags.

December 6th is the Sunday this year to bring your gifts and present them to St. Nicholas! If you are unable to attend services on this day, please deliver your gifts to the office BEFORE then so they will reach these wonderful children on time. Presents received after noon on December 6th will not get to the child this



(Continued on page 14)

St. Nicholas is Coming *(continued)*

(Continued from page 13)

year (but they will be saved and will be used for a child next year).

Thank you for your generosity and

kindness. It is appreciated by people from all across North Carolina. Amazing!

Submitted by Mary Marsha Cupitt

Meet Gwen Neidig, Parishioner and Dorcas Ministry Volunteer

Gwen has been at St. Paul's for about 2 years and has quickly gotten involved in many of our in-reach and out-reach ministries, including church office volunteer, Care & Share, Fellowship Committee, Lobster Fest, Arts & Crafts Festival, Mystery Book Club, Prayer Stitchers, and Dorcas Ministry. Gwen has been volunteering at the jewelry counter at the Dorcas Thrift Shop since March. Her favorite part



of the job is that she has time to talk with the customers, and the jewelry counter gives customers a chance to buy something pretty for little money. She said that many people come in to just look and end up with carts full of stuff since there is so much available. When she is not volunteering she misses it – the people are all so sweet.

I must say that Gwen is also sweet and a good addition to our Dorcas volunteers. Ask her about her experience at Dorcas next time you see her.

Submitted by Nancy Fierke, Dorcas Ministry Leader

Kairos

Kairos #39 is over—but the effects remain. The ladies (inmates) who attended sat in small groups (referred to as Table Families) and developed a strong sense of community during the weekend. At the closing ceremony, they were invited to respond to three questions:

Question 1: In what condition did you come to Kairos?

Question 2: What did you find here?

Question 3: What are you taking away with you?



God's Special Time

Table Family of Martha

1. Broken, discouraged, and unloved, inconsiderate
2. Love, family, faith, unity, love of God and ourselves
3. Stronger faith, stronger mindset, understanding, faith, love

Table Family of Sarah

1. Mixed emotions, happy to come, broken, heavy hearted, rock bottom, ready to receive
2. Sense of relief, healing, freedom – not bound by gate for chains or shackles

3. Proof of forgiveness, a second chance for internal life and happiness, understanding, love that we never thought we could find

Individual A

1. Confused, alone
2. Found family, friends, people to get close to
3. Taking love, closeness to God I didn't have before

Individual B

1. A mess
2. Fools!
3. God provides us with care more special than I realized

Individual C

1. Lost, alone, scared, I wanted something
2. Forgiveness, love, understanding, a family that could love me unconditionally
3. Forgiveness

Watch for the last of the responses in the next newsletter.

Submitted by Gerri Batchelor

Heifer at Christmas

Heifer International is a non-profit organization that sends livestock and training to poor families around the world, providing them with a sustainable source of food and income. Agricultural products from the animals, such as eggs, milk, and honey, can also be sold or traded to provide sustainable income that in turn can help communities build schools, create agricultural cooperatives, and fund small businesses. Each family that receives an animal then "passes on the gift." They give the first female offspring to another family and share the training they received. For 70 years, Heifer International has worked in 125 countries and helped 22.6 million families move out of poverty. Heifer's goal is to continue to help struggling families achieve self-reliance.

At St. Paul's, we have the opportunity to donate to Heifer International every Sunday morning during worship services. Parishioners and visitors can place donations in a small Heifer Ark during the Offertory to celebrate special times, places, and people in their lives. Christmas time offers St. Paul's a special opportunity to give Christmas gifts to our family members and friends in the form of Heifer donations. Parishioners can

make donations via cash or check (made out to "St. Paul's Church" with Heifer International in the memo line), and place them in the Heifer Ark on Sunday mornings or mail them to the church office. For each donation of \$10, parishioners can send a Heifer greeting card to their loved ones describing the gift that has been given in their honor. Heifer gift cards will be available in the church narthex between Thanksgiving and Christmas.



Our annual goal for St. Paul's is to donate \$5000, which will buy a Heifer Gift Ark. The Ark includes two water buffalo, two cows, two pigs, two sheep, two goats, plus bees, rabbits, chickens, and more pairs of animals. Heifer sends the Gift Ark animals wherever they are needed to fight hunger and poverty. Thank you for reaching out to help others in need this Christmas. Your gifts to Heifer International are most gratefully received.

For more information, contact Alison Arnold, alisonarnold@gmail.com or 919-605-0761

Submitted by Alison Arnold



Habitat for Humanity Build

St Paul's is excited to announce that the parish will be taking part in an upcoming Habitat for Humanity build partnering with a number of Episcopal organizations, including: St. Augustine University, St Ambrose Episcopal Church, St Mark's Episcopal Church, St Michael's Episcopal Church, Christ Church, Church of the Good Shepherd, Church of the Nativity, and Episcopal Campus Ministry.

The build begins on February 13 and is expected to take 10 weeks, lasting through the Lenten season. There will be volunteer opportunities on Thursday, Friday, and Saturday of each build

weekend, and anyone age 16 and over is eligible to volunteer to help with construction.

We are still in the beginning stages of planning the parish's involvement, so stay tuned for more details in the weeks and months leading up to the build kickoff on February 13th.

For more information on how you can be a part of this exciting hands-on outreach opportunity, either to help coordinate and plan or to just volunteer, please contact Dave Mackie at dwmackie@gmail.com or at 919-260-6707.



Submitted by Dave Mackie

Little Red Wagon in 2015



URBAN MINISTRIES
OF WAKE COUNTY

So far (though October 18), the total food contributed to the Urban Ministries Food Pantry from St. Paul's this year is 9625 pounds, less than 400 pounds away from 5 TONS of food. About 1500 pounds of that total came from packing basic bags twice this year, with funds provided by the Outreach committee. And the rest, 8125 pounds of food (over 4 TONS) came from the contributions of the good people of St. Paul's bringing in

pasta and soup and peanut butter and so forth. It all goes out almost as soon as it comes into the food pantry, with up to 40 families a day requesting and receiving food, 5 days a week, all year. Many thanks to all the parishioners who support the Little Red Wagon and the Urban Ministries of Wake County food pantry. And please help us keep it going!

Submitted by Anne Pilgrim

Wheels4Hope



Wheels4Hope recently celebrated its 15th Anniversary with the 1,000th car placement at its founding congregation, West Raleigh Presbyterian Church.

The congregation gathered around a 1996 Honda Accord donated by a member of the congregation to celebrate with Sunny and her son, Kobi, as they



1000th Car Placed by Wheels4Hope

received the keys to their own vehicle. Sunny, referred to Wheels4Hope through Housing for New Hope, shared "Getting a Wheels4Hope vehicle means a lot to my son and [me]. We came to the Durham area as victims of domestic violence. I worked hard, saved money, and moved after 14

months. I believe you can do anything through Christ."

Members of St. Paul's are ongoing supporters of Wheels4Hope through vehicle donations, monetary donations, and volunteers. We are some of the many who made the 1,000th car placement possible!!

If you, or someone you know, has a vehicle to donate, now is the time to get that 2015 income tax deduction. Because Wheels4Hope cars are repaired and returned to the community as a charitable action, a vehicle donation to Wheels4Hope will give you bigger savings on your income tax return. Please see the Wheels4Hope web page for more details. <http://www.wheels4hope.org/donate/>

Submitted by Mike Sweeny

Wake Interfaith Hospitality Network



St. Paul's is co-hosting a Wake Interfaith Hospitality (WIHN, a ministry to the homeless) week with White Plains Methodist Church from Nov 8-15. WIHN offers multi-generational outreach opportunities for St. Paul's families. Parents and children volunteering together are encouraged and welcome. Come to help set up sleeping areas on Sunday, Nov. 8, at 2:00 p.m., or be social hosts by interacting with kids through

play on Monday, Tuesday, Thursday, or Saturday from 6:30 to 8:00 p.m. Overnight hosting is also available or you can provide a hot breakfast on Saturday.

Contact Kathleen Neff, kathleen@trioptimum.com or Myrna Belington, tmb.jersey@gmail.com for additional information and/or to sign up as a volunteer.

Submitted by Myrna Belington

November 14 - Music Ministries at the Festival of Arts and Crafts

At 10:30 am- All Over the Place- The EpiscoMoravian Carolers will provide strolling carols (carols to stroll by?) towards the beginning of the day. This quartet is an equal partnership between members of St. Paul's Music Ministries and members of Raleigh Moravian's Music Ministries (two singers from each church!). Keep your ears open for your favorite Christmas carols as you peruse the offerings at the vendor's tables.

At 1:00 pm in the Church - The Bells of St. Paul's will be performing a mini-concert at the Festival of Arts and Crafts. Selections will be taken from Christmas music from around the world. Take a break from shopping and come into the church and enjoy music of the Advent and Christmas season so well suited for handbell choirs. Then head out refreshed and newly inspired to hunt for treasures at the Festival of Arts and Crafts.



Music Ministries Weekly Rehearsal Schedule

Tuesday

6:00- 7:00 p.m.	Bells of St. Paul's	Church
7:00- 8:00 p.m.	Canterbury Bells	Church
8:00- 9:00 p.m.	Canterbury Choir	Choir Room

Wednesday

6:00- 6:45 p.m.	Epiphany Choir	Church
6:00- 6:45 p.m.	Advent Choir	Choir Room
6:45- 7:15 p.m.	Advent Bells	Church
7:30- 9:30 p.m.	St. Paul's Choir	Choir Room

Thursday

7:15- 8:45 p.m.	9:00 Choir	Choir Room
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Advent Lessons and Carols

The St. Paul's Choir will present an Advent Lessons and Carols December 20 at 4:00 p.m.. The event is free and open to the public. Invite your friends!

Now is the time to join a choir

At this writing, all handbell choirs are at capacity, but we can always use experienced subs, especially in the Bells of St. Paul's. Please contact Rusty, if you have experience and are interested.

All vocals choirs can use more singers. Here is a description of those choirs:

Epiphany Choir (Gr.K-2) is also very full, but we can take more appropriately-aged children in that group. *Advent Choir (Gr.3-5)* needs more voices.

Canterbury Choir (Youth) has already added four new members, but can use more voices, especially tenors and basses, but all voice parts are welcome.

St. Paul's Choir and *9:00 Choir (Adults)* can use more voices as well. Again all voices parts welcome, but we especially need more sopranos and altos

in both choirs.

The *9:00 Choir* has the greatest need for singers at this time. This choir provides leadership for singing at the 9:00 am services on Sundays. Rehearsals are on Thursdays starting at 7:15 pm. This is a very good place for adults to get into singing or back into singing in a choir. The emphasis is on leading hymns, songs, and service music. If you are a singer and you attend 9:00 am services, then it is really just a question of where you sit!

There are lots of exciting things happening in Music Ministries. Don't wait any longer to join in. Get in touch with Rusty McKinney, Minister of Music at rusty.mckinney@stpaulscary.org or at 919-467-6241, to find out how to get involved.



Food, Fellowship, and Your Thoughts are a Perfect Combination



Please join us to share your vision and thoughts about your personal connection to our church and the role of St. Paul's in your life. Your voice is important as we move forward in the parish growth and development process. Events will be led by parish development specialist Peter Saros, M.Div.

Please select one of the following events and RSVP to stewardship@stpaulscary.org!

Friday, November 6, 6:00 - 8:00 p.m. - a pizza dinner for young families. Children will eat with their parents

and then treated to a *magic show* while their parents participate in the discussions. Kids' Club will also be open.

Saturday, November 7, 12:00 noon - 2:00 p.m. - a catered luncheon for seniors.

Saturday, November 7, 7:00 - 9:00 p.m. - a wine, cheese, and dessert event, for members of any / all ages (or for those who don't fit into the above categories.) Childcare will not be provided for this event.

In Service,
Your Stewardship Committee



Free Planned-Giving Webinar

Please join the members of St. Paul's Endowment Board by registering for a free webinar about planned-giving offered by the experts at the Episcopal Church Foundation on December 1st. Your fellow supporters of the endowment are actively seeking other parishioners interested in leaving a legacy to St. Paul's that will last for generations to come.

Planned gifts are those left after one's passing and don't require a monetary gift now. Planned gifts are a great way to grow an endowment over time.

When gifts are made to the endowment, the actual gift remains intact and is not spent. Instead, as the endowment grows over time, the earnings or part of the growth amount are provided to our church and then can be used to do God's good work.

Register for the free webinar via this link ..www.episcopalchurchfoundation.org/calendar/event/webinar/95/making-a-planned-gift-to-your-parish.

Submitted by Dave Bowersox

Sunday Schedule

7:30 a.m. Eucharist Rite I
 8:45-12:30 Kids' Club
 9:00 a.m. Eucharist Rite II
 9:00 a.m. Children's Chapel
 10:00 a.m. Fellowship-Coffee
 10:10 a.m. Education Hour

11:15 a.m. Eucharist Rite II
 11:15 a.m. Children's Chapel
 11:15 a.m. Pre-EYC (2nd & 4th Sunday)
 5:00 p.m. Middle School EYC
 5:00 p.m. High School EYC

Wednesday Schedule

10:30 a.m. Prayer Stitchers
 12:15 p.m. Liturgy Meeting
 6:00 p.m. Epiphany Choir
 6:00 p.m. Advent Choir
 6:45 p.m. Advent Bells
 7:30 p.m. St. Paul's Choir



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 SUNDAY SCHEDULE DAYLIGHT SAVING TIME ENDS PJ SUNDAY Bishop Curry is Installed as Presiding Bishop 	2 6:30pm MOMS TNT 7:00pm AA	3 6:00pm Bells of St. Paul's 7:00pm Mystery Book Club 7:00pm People of All Colors & Cultures Together 7:00pm Canterbury Bells 8:00pm Canterbury Choir	4 WEDNESDAY SCHEDULE 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 7:00pm Baptism Class 7:00pm Adult Ed	5 6:00pm Newcomers 7:15pm 9:00 Choir	6	7 ASP CHORE DAY 4:00pm Stewardship Event
8 SUNDAY SCHEDULE ANNUAL MEETING 10:00am Annual Meeting 11:15am Pre-EYC St. Paul's Annual Meeting 	9 6:30pm MOMS TNT 7:00pm Finance Committee 7:00pm AA	10 12:00noon Women's Study Group 1:30pm Arts & Crafts Festival 6:00pm Bells of St. Paul's 7:00pm Youth Committee 7:00pm Canterbury Bells 8:00pm Canterbury Choir	11 WEDNESDAY SCHEDULE VETERANS DAY 9:15am Julian Gathering 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 7:00pm Adult Ed 7:00pm MLRC 	12 6:00pm Newcomers 10:00am NEWSLETTER DEADLINE 7:15pm 9:00 Choir	13	14 FESTIVAL OF THE ARTS
15 SUNDAY SCHEDULE ST. NICHOLAS TREE UP 	16 6:30pm MOMS TNT 7:00pm Vestry 7:00pm AA	17 1:00pm Communications Committee 6:00pm Bells of St. Paul's 7:00pm Canterbury Bells 8:00pm Canterbury Choir	18 WEDNESDAY SCHEDULE 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 7:00pm Adult Ed 7:00pm Preschool Board Meeting	19 6:00pm Newcomers 7:15pm 9:00 Choir	20 7:00pm Rainbow Gathering	21
22 SUNDAY SCHEDULE 11:15am Pre-EYC	23 6:30pm MOMS TNT 7:00pm Care & Share 7:00pm AA	24 6:00pm Bells of St. Paul's 7:00pm Thomas Merton Study 7:00pm Canterbury Bells 8:00pm Canterbury Choir	25 NO MUSIC REHEARSALS 9:15am Julian Gathering 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 7:00pm Adult Ed	26 THANKSGIVING 	27	28
29 SUNDAY SCHEDULE HEIFER INTERNATIONAL GIFT OPPORTUNITY NO SUNDAY SCHOOL OR CHILDREN'S CHAPEL 10:10am Advent Craft Coffee Hour 	30 7:00pm AA				DEC 4 TH - YOUTH BABYSITTING AND LOCK-IN 	ST. NICHOLAS SUNDAY ON DEC. 6 TH

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m., & 11:15 a.m.



ST. PAUL'S EPISCOPAL CHURCH

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THE PEOPLE OF ST. PAUL'S

Fax: 919-467-0152
Web Site: www.stpaulscary.org

Clergy

The Rev. George Adamik, Rector

x 13 | George.Adamik@stpaulscary.org

The Rev. Dr. Cathy Deats, Associate Rector

Cathy.Deats@stpaulscary.org

The Rev. J. Carr Holland III, Associate Rector

x 12 | Jcarrholland@stpaulscary.org

The Rev. Lois Reardin, Priest Associate

Lois.Reardin@stpaulscary.org

The Rev. Antoinette Wike, Priest Associate

Tony.Wike@stpaulscary.org

The Rev. Candy Snively, Deacon

Candy.Snively@stpaulscary.org

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:15	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel

Staff

**Christine Ingram, Parish Administrator /
Director of Children's Ministries**

Church School Office 467-2578

x 19 | Christine.Ingram@stpaulscary.org
ParishAdmin@stpaulscary.org

Christa Magee, Assistant to Children's Ministries

x37 | Christa.Magee@stpaulscary.org

Brandy Satterfield, Financial Assistant

x 36 | Brandy.Satterfield@stpaulscary.org

Rusty McKinney, Music Minister

Music Office 467-6241

x 15 | Rusty.McKinney@stpaulscary.org

Brooke Bowersox, Preschool Director

Preschool Office 467-3788

x 16 | Brooke.Bowersox@stpaulscary.org

Laura Gorman, Nursery / Kids' Club Director

Laura.Gorman@stpaulscary.org

Leah Dail, Youth Coordinator

x 23 | Leah.Dail@stpaulscary.org

Melanie Fairbrother, Office Manager

x 10 | Melanie.Fairbrother@stpaulscary.org

Vestry

Senior Warden: Mike Krannitz

Junior Warden: Julia Rudy

Beth Barnes, David Buchanan, Linda Cozzolino,

Dan Loughlin, Dave Mackie, Carter Collins,

Ralph Greco, Myra Hawkins, Sherri Hubbard

Treasurer: John Goehrke — Clerk: Lanny Wase