

Viewing and Listening Guide

SLIDE NO.	TOPIC	AUDIO TIME
1-3	Introduction	00:00—10:33
4-7	Advance Directives and the Five Wishes	10:33--25.35
8	Wish #1: The Person I Want to Make Health Care Decisions for Me When I Can't Make them for Myself	25:35—31:35
9	Wish #2: My Wish for the Kind of Medical Treatment I want or Don't Want	31:35—41:35
10	Wish #3: My Wish for How Comfortable I Want to Be	41:35—46:07
11	Wish #4: My Wish for How I Want People to Treat Me	46:07—49:08
12-13	Wish #5: My Wish for What I Want My Loved Ones to Know	49:08—59:20
14-15	What to do with completed document.	59:20— 1:02:05
16	Questions	1:02:05— 1:20:53

Link to the [SLIDES](#)

The slides will open in a separate window. Scroll until you reach the desired section.

Link to the [TALK](#)

The audio will open in a separate window. Moving the slide to the right will allow you to open the audio at the desired point.

Once the audio has started, return to the slides window.