



PAUL'S EPISCOPAL CHURCH

221 Union Street • Cary, North Carolina 27511

THE THIRD SUNDAY
IN LENT

The Rev. Javier Almendárez-Bautista, Celebrant
The Rev. George Adamik, Homilist

HOLY EUCHARIST
9:00 A.M. SERVICE
MARCH 12, 2023

Prelude

Carol Yeargin, Organist

Processional

Come Thou Fount of Every Blessing

Hymn 686

Liturgy of the Word

Penitential Order

BCP 351

The Celebrant says

Bless the Lord who forgives all our sins.

People

God's mercy endures for ever.

The Celebrant says

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The following is sung.

Kyrie

Kyrie Eleison

Russell McKinney

Ky - ri - e e - le - i-son, Ky - ri - e e - le - i-son,
Ky - ri-e e - le - i-son. Chri - ste e - le - i-son, Chri - ste e -
le - i-son, Chri - ste e - le - i-son. Ky - ri - e e - le - i-son,
Ky - ri - e e - le - i-son, Ky - ri-e e - le - i-son, e - le - i - son.

Collect of the Day

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Children's Processional

Fairest Lord Jesus

Hymn 383

Verse 1

Children's Chapel is for children ages 3 to 5th grade.

First Reading

Exodus 17:1-7

A Reading from Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.

People *Thanks be to God.*

Psalm

Psalm 95

- 1 Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the Lord is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah, when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts; they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

Second Reading

Romans 5:1-11

A Reading from Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the

death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.
People *Thanks be to God.*

Gradual

O Love of God, How Strong and True

Hymn 455

Gospel

John 4:5-42

People The Holy Gospel of our Lord Jesus Christ according to John.
 Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

People The Gospel of the Lord.
 Praise to you, Lord Christ.

Homily

The Rev. George Adamik

Nicene Creed

All who are able, stand.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

People's Response: *Lord, have mercy.*

Peace

Celebrant The peace of the Lord be always with you.
People *And also with you.*

BCP 360

Announcements

Liturgy of the Eucharist

Offertory

When I Can Read My Title Clear
St. Paul's Choir

Lori Larson

Eucharistic Prayer A

BCP 361

The people remain standing.

Celebrant The Lord be with you.
People *And also with you.*
Celebrant Lift up your hearts.
People *We lift them to the Lord.*
Celebrant Let us give thanks to the Lord our God.
People *It is right to give God thanks and praise.*

The Celebrant proceeds.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Sanctus

Holy, Holy, Holy Lord

Hymnal S 129

The Celebrant continues

Ho - ly, ho - ly, ho - ly — Lord, God of pow-er and might, hea-ven and earth are
full of your glo - ry, Ho - san - na in the high - est. Bless-ed is he who
comes in the name of the Lord. Ho - san - na in the high - est. _____

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Memorial Acclamation

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant then continues.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

The Celebrant then continues

And now, as our Savior Christ has taught us, we are bold to say,

Lord's Prayer

BCP 364

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

A period of silence is kept.

Fraction Anthem

Lamb of God

Hymnal S 161

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: grant us peace

Holy Communion

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to come forward for communion. Please follow the ushers' guidance as you come to the rail.

If you would like to receive the wine by intinction (dipping the bread in the cup), keep the bread in your hands and wait for the communion server to come to you.

If you would like to receive from the common cup (drinking from the cup directly), please consume the bread first and then make your way to the steps at either end of the rail. A communion server will be there with the common cup.

If it is not your custom to receive communion, you are still welcome to come forward for a blessing. Simply cross your arms across your chest and the minister will offer a prayer.

If you are at home or otherwise unable to take communion, you may say the following prayer.

Spiritual Communion Prayer

In union, O Lord, with your faithful people at every altar of your Church, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Communion Music

Shepherd of Souls, Refresh and Bless
Surely It Is God Who saves Me

Hymn 343
Hymn 678

Final Prayer

Celebrant and People

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food as we hear your Word proclaimed and gather at your holy Table. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing**Recessional**

Guide Me, O Thou Great Jehovah

Hymn 690

Dismissal

Deacon Let us go forth in the name of Christ.
People *Thanks be to God.*

Postlude

Carol Yeargin, Organist

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MARCH 12, 2023

New to St. Paul's? Please let us know you are here by filling out a visitor card in the pew. Stop by our Welcome Station in the narthex (lobby) to chat with Greeters and find materials that might help if you are new to the Episcopal Church. Contact Mary Kintz, our Community Connector, at mary.kintz@stpaulscary.org to learn more.

Coffee Hour (Parish Hall): Hosted this week by the Memorial Garden Ministry. Join us in after the 9:00 service for coffee and conversation.

Adult Formation (Chapel, 10:15-11:00 a.m.): Our Lenten Forum Series is on *Faith and Leadership*. Join us today for a presentation by Fr. Javier: "Leadership in Scripture."

Children's Sunday School: Classes are meeting in the Education Building from 10:15-11:00 a.m.

Youth Sunday School: Classes are meeting in the Youth Wing from 10:15-11:00 a.m.

Episcopal Youth Community (EYC): Meets this evening from 5:00-7:00 p.m. in the Youth Wing.

PARISH ANNOUNCEMENTS

Newcomer Tour: Those new or newly returned to St. Paul's who wish to know more can join a tour of our campus on the 3rd Sunday of each month at 10:15 a.m. Meet at the Welcome Station in the narthex (lobby).

Lenten Midweek Eucharist Services: Join the clergy for contemplative prayer services each Wednesday leading up to Holy Week (March 1, 8, 15, 22, and 29) at 7:00 p.m. in the Chapel. We use the readings for Lent as our guide and have ample time for meditation and reflection. All are welcome.

Episcopal Youth Community (EYC) Ice Skating Event: High school youth are welcome to join us this Saturday, March 18 at 7:30 p.m. at the Polar Ice House for our ice skating event. Contact Ben Bricio at youth@stpaulscary.org for more information.

Youth Diocesan Events: *Happening* and *Genesis* are renewal weekends for youth in high school and middle school, respectively. Discover more about yourself and your faith journey through games, talks and activities. This year, both events will take place concurrently on March 24-26 at Holy Comforter Church, Burlington, NC. Contact Assistant Diocesan Youth missionary Leah Dail at leah.dail@episdionc.org for more information.

Hermano Day: Sunday, March 19 is Hermano Day, when we recognize the sacrifice of our neighbors who do the hard work of planting and harvesting our food. St. Paul's supports the Episcopal Farmworkers Ministry by collecting donations of clothes and other items (see website for a list of most needed items). Financial donations are always welcome. Contact Katie Bricio (katiebricio13@gmail.com) with any questions.

Courtyard Committee Mulch Day: This Saturday, March 18, from 9:00-12:00 noon, we are looking for help moving mulch into the courtyard in preparation for the growing season. Wheelbarrows, mulch rakes and muscle power are welcome; please consider lending a hand. Contact Julia Rudy at jbrudy@yahoo.com if you can help.

Habitat for Humanity Episcopal Build: St. Paul's is part of an Episcopal Coalition building a house through Habitat for Humanity in Old Poole Place in Raleigh. We welcome more volunteers to our team, particularly on Saturday, April 1, when St. Paul's has pledged to provide at least 15 volunteers and lunch for the crew. Contact Kevin McIntire at kvn.mcintire@gmail.com for more information on how you can be a part of our team.

Easter Lily Donations: Donating an Easter Lily to decorate the altar and worship spaces on Easter Sunday is a beautiful way to remember or give thanks for the special people in our lives. The Altar Guild requests a donation of \$35.00 per plant; make checks payable to St. Paul's Episcopal Church, note Altar Guild Lily on the memo line; envelopes are in the pews. All requests must be received by Sunday, March 26, for memorials to appear in the Easter bulletins.

Prayer List: Dave, Walt, Bob, Peggy, Hunter, Barb, Lytvinenko family in Ukraine, Christa, Ann, Vickie, Ann, Melanie, Patricia, Wendy, M-K, Andy, Theresa, Clarence and Susan, Jodi, Lynn, Clint, Elizabeth, Laura, Margaret, Ava, Millie, Ruby, Mary Jo, Catherine, Randy, Bebian, Ronald, Sally, Thomas, Ann, Janet, Gayle, Sandra, Gretchen.

If you have a name you would like to include on the prayer list, or a ministry event that you would like to announce in this printed bulletin, please send information to announcements@stpaulscary.org. Please note that there is a 2 week lead time on printed announcements.