



St. Paul's EPISCOPAL CHURCH

**FOURTH SUNDAY
AFTER THE EPIPHANY**

The Rev. Alice Graham Grant, Celebrant
The Rev. George Adamik, Homilist

**HOLY EUCHARIST
9:00 A.M. SERVICE
JANUARY 28, 2024**

Prelude

Carol Yeargin, Organist

Processional

O Love, How Deep, How Broad, How High

Hymn 449

Liturgy of the Word

Opening Acclamation

The Celebrant says

Blessed be the one, holy, and living God.

People

Glory to God for ever and ever.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

The following is sung.

Gloria

Glory to God

Hymnal S 278

(Organ)

1. Glo - ry to God in the high - est, — and
 peace to his peo - ple on earth.. — 2. Lord God, heaven - ly King, al - might - y God and
 Fa - ther, we wor - ship you, we give you thanks, we praise — you for your glo -
 ry. 3. Lord Je - sus Christ, on - ly Son of the Fa - ther, — Lord God,
 Lamb of God, 4. you take a - way the sin of the world: have mer - cy on us;
 you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer.
 (Organ)

6. For you a - lone are the Ho - ly One,

you a-lone are the Lord, 7. you a-lone are the Most High, Je - sus

(Organ)

Christ, with the Ho - ly Spi - rit, in the glo - ry of

God the Fa - ther. A - men.

Collect of the Day

Celebrant The Lord be with you.
 People *And also with you.*
 Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Children’s Processional

All Things Bright and Beautiful
 Verse 3

Hymn 405

Children’s Chapel is for children 3 years old through 5th grade.

First Reading

Deuteronomy 18:15-20

A Reading from Deuteronomy.

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” Then the LORD replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

Reader The Word of the Lord.
 People *Thanks be to God.*

The Psalm

Psalm 111

- 1 Hallelujah!
 I will give thanks to the LORD with my whole heart, *
 in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the LORD! *
 they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, *
 and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; *
 the LORD is gracious and full of compassion.
- 5 He gives food to those who fear him; *
 he is ever mindful of his covenant.
- 6 He has shown his people the power of his works *
 in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; *
 all his commandments are sure.
- 8 They stand fast for ever and ever, *
 because they are done in truth and equity.
- 9 He sent redemption to his people;
 he commanded his covenant for ever; *

holy and awesome is his Name.

- 10 The fear of the LORD is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.

Second Reading

1 Corinthians 8:1-13

A Reading from First Corinthians.

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.

People *Thanks be to God.*

Gradual

Thine Arm, O Lord, in Days of Old

Hymn 567

Gospel

Mark 1:21-28

The Holy Gospel of our Lord Jesus Christ according to Mark.

People *Glory to you, Lord Christ.*

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

People *Praise to you, Lord Christ.*

Homily

The Rev. George Adamik

Nicene Creed

All who are able, stand.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

People’s Response: *Lord, hear our prayer.*

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

All who are able, kneel. Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and

BCP 360

forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Peace

Celebrant The peace of the Lord be always with you.
People And also with you.

BCP 360

Announcements

If you would like to donate online, follow the QR code found on the giving card in the back of the pews.

At the end of the announcements, you are also welcome to come forward to make a special donation to Heifer International, a non-profit organization whose mission is to end hunger and poverty, to mark an anniversary, blessing, or other event.

Liturgy of the Eucharist

Offertory

Jesus, the Very Thought of Thee
St. Paul's Choir

Glenn L. Rudolph

Offertory Response

All things come of Thee, O Lord, and of Thine own have we given Thee.

Eucharistic Prayer 2

Enriching Our Worship 1

The People remain standing.

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give God thanks and praise.

The Celebrant proceeds.

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Celebrant and People

Sanctus

Holy, Holy, Holy Lord

Hymnal S 128

(organ)

Ho - ly, ho - ly, ho - ly Lord,
God of power and might, _____ heaven and earth are full _____ of your glo - ry.
(organ)
Ho-san-na in the high-est. _____ Bless - ed is he who
comes in the name of the Lord. _____ Ho-san-na in the high-est. _____

The Celebrant continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by

you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. *AMEN.*

The Celebrant then continues

And now, as our Savior Christ has taught us, we are bold to say,

Lord's Prayer

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People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

A period of silence is kept.

Fraction Anthem

Christ Our Passover

Hymnal S 154



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
Christ our Pass-o - ver is sac - ri - ficed for us; there - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Holy Communion

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to come forward for communion, including children. Please follow the ushers' guidance as you come to the rail.

If you would like to receive the wine by intinction (dipping the bread in the cup), keep the bread in your hands and wait for the communion server to come to you.

If you would like to receive from the common cup (drinking from the cup directly), please consume the bread first and then make your way to the steps at the end of the rail. A communion server will be there with the common cup.

If it is not your custom to receive communion, you are still welcome to come forward for a blessing. Simply cross your arms across your chest and the minister will offer a prayer.

A priest is also available to provide prayers for healing in the back southwest corner of the church. Simply head to the back during communion distribution and wait for your turn.

The Communion Music

Thou Art the Way, to Thee Alone
Draw Nigh and Take the Body of our Lord

Hymn 457

Hymn 328

If you are at home or otherwise unable to take communion, you may say the following prayer.

Spiritual Communion Prayer

In union, O Lord, with your faithful people at every altar of your Church, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you

today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Final Prayer

Celebrant and People

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food as we hear your Word proclaimed and gather at your holy Table. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing

Recessional

Hail to the Lord's Anointed

Hymn 616

Dismissal

Deacon

Let us go forth in the name of Christ. Alleluia, Alleluia.

People

Thanks be to God. Alleluia, Alleluia.

Postlude

The Altar flowers are given to the glory of God.

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MISSION STATEMENT

Worship. Serve. Grow.

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Web Site: www.stpaulscary.org

The Rev. George Adamik, Rector
The Rev. Javier E. Almendárez-Bautista, Associate Rector
The Rev. Alice Graham Grant, Associate Rector
The Rev. Antoinette Wike, Priest Associate
The Rev. Candy Snively, Deacon
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JANUARY 28, 2024

New to St. Paul's? Welcome! Please let us know you are here by filling out a visitor card in the pew. Stop by our Welcome Station in the narthex (lobby) to chat with Greeters and find materials that might help if you are new to St. Paul's or the Episcopal Church. Contact Mary Kintz, our Community Connector, at mary.kintz@stpaulscary.org to learn more.

Children's Chapel: Children ages 3 years old through 5th grade are invited to process to Children's Chapel during the 9 a.m. service and return to their families during announcements.

Coffee Hour (Parish Hall): Hosted this week by the Vestry. Join us after the 9 a.m. service for coffee and conversation.

Adult Formation (Chapel, 10:15-11 a.m.): Our series *The Gospel According to Mark* continues today with "Signs and Doubts (Chapters 7-10)" presented by Fr. Javier.

Children's Communion Class (Education Building): Class meets today from 10:15-11 a.m. in Room 133.

Children's Sunday School (Education Building): Classes are meeting from 10:15-11 a.m.

Youth Sunday School (Youth Wing): Classes are meeting from 10:15-11 a.m.

Episcopal Youth Community (EYC): Meets this evening for fun and Breakfast for Dinner, 5-7 p.m. in the Youth Wing. Wear your pjs, and bring a friend!

PARISH ANNOUNCEMENTS

Newcomer Tour: Those new or newly returned to St. Paul's who wish to know more can join a tour of our campus the third Sunday of the month at 10:15 a.m. No sign up is necessary; meet at the welcome area in the narthex (lobby).

Movie Night: Movie lovers are invited to join us this evening at 5:30 p.m. at Leo's Italian Social in Morrisville for a discussion of the movie "Rogue One: A Star Wars Story." For those new to movie night, we watch the movie at home and then meet at a pub or restaurant to discuss. No RSVP required; show up if you can. Email Tad Richard at tadrichard@gmail.com for more info.

Preschool Registration is Open: St. Paul's Preschool is currently accepting registration for the 2024-25 school year through January 31 or until the classes are full. We offer classes for one year olds through five year olds; more specific information is available on the website. The best way to learn more is to join us for a tour! If you have questions or would like to schedule a tour please contact Preschool Director Brooke Bowersox at 919-467-3788 or email preschool@stpaulscary.org. Come LOVE, LEARN and LAUGH with us!

Blood Drive at St. Paul's: Give the ultimate gift of love as a valentine and donate blood! St. Paul's is sponsoring a blood drive on Saturday, February 10, 2024 from 9 a.m.-1 p.m. in our parking lot. Find the link to sign up on our website— it's very easy to find a time that works for your schedule. Don't wait; sign up now and help save a life.

Coffee Hour Events Team: Want to work on a small team that makes a big impact? Join our Coffee Hour Events Team and help support our festive coffee hours, scheduled about five times a year. We'll work with other committees to provide refreshments and kitchen help for events like the Communion Celebration (February 11), Easter Sunday (March 31) and more. Contact Mary Kintz at mary.kintz@stpaulscary.org to learn more and volunteer.

Youth Retreat to Kanuga: Youth from St. Paul's and Youth from La Sagrada Familia in grades 6-12 are invited to a weekend together at Camp Kanuga in beautiful, NC from February 17-19th. Together we will enjoy hiking, snow tubing, and some time for fellowship and reflection. Cost is \$200 per Hendersonville person. Scholarships are available and anonymous; just email Mother Alice, alice@stpaulscary.org. Register by emailing Ben Bricio at youth@stpaulscary.org

Women's Beach Week: Spend a few days or all week with other women from St. Paul's relaxing, playing and laughing at Emerald Isle, NC, April 28-May 5. Registration info and details can be found on the website under Adult Ministries, on our printed information in the narthex, or by contacting us at wbw@stpaulscary.org. Estimated cost is \$75 per night (includes some meals); final cost depends on number of participants. Deadline to reserve your spot is March 24; newcomers are welcome!

Prayer List: Dave, Walt, Bob , Peggy, Ann, Vickie, Ann, Lynn, Laura, Margaret, Mary Jo, Bob , Thomas, Mary, Virginia, Des, Mary, Christine, Kathy, Russell, Doug, Guy, Katie, Michael, Cathy, Alan, Jessica, Nancy, Sherry, John, Mary, Alison, Lynette, Susan, Michael, Randall, Joyce, Clarence, Susan, Mary Marsha.

If you have a name you would like to include on the prayer list, or a ministry event that you would like to announce in this printed bulletin, please send information to announcements@stpaulscary.org. Please note that there is a 2-week lead time on printed announcements.



St. Paul's Website