

## St. Paul's Women's Beach Week (WBW) FAQ

### What **is** WBW?

- 1) Anything you want it to be!!
- 2) A time away from your responsibilities, even if for just a couple of days.
- 3) An ocean front shared house with room assignments (we have designated "party" and "quiet" sides); where roommate requests are accommodated as possible, as well as any specific needs.
- 4) A multigenerational gathering of St Paul's women over the age of 18 (you can include other family members like your mom, sister, daughter, etc.)
- 5) A time to be social and/or spend quality time alone.
- 6) A time to kayak, walk the beach, lay in the sun, take a nap, play games, do puzzles, read, shop, go out to eat, share a beer or cocktail and so many laughs -- or do nothing at all.
- 7) Sometimes pure free entertainment.
- 8) An opportunity to hang out with and/or meet a bunch of wonderful women doing "nothing in the grandest style".
- 9) An opportunity to have quality time with like and diverse women.
- 10) Has coordinated transportation to reduce the number of cars. New friendships are often made before even reaching the beach house! If you'd rather drive on your own, that's ok, too.
- 11) Has "no fuss" shared meals (who wants to cook at the beach?) Bring a few assigned food items and help with a quick meal (or more if you are there for several days) and then relax the rest of the time! There are also opportunities to go out to eat.
- 12) Has an informal church service in one of the houses Sunday morning. Shorts/t-shirts are common attire. Enjoy the beautiful singing!
- 13) An opportunity to create strong and lasting friendships. It is one of the best ways, if not THE best way, to get to know women at St. Paul's.

### What WBW **is not**?

- 1) An organized religious retreat.
- 2) A bible study event.
- 3) Intimidating -- everyone is very welcoming (remember they are on vacation too)!
- 4) A schedule driven event except for mealtimes if you participate in them.
- 5) A required stay for or any set amount of time. Stay as long as you'd like....one night or anywhere up to the whole week!

### When is WBW?

The house(s) are rented Sunday to Sunday at Emerald Isle, NC - always two weeks before Mother's Day each year. The rental ends the Sunday before Mother's Day. Stay for as many nights as you'd like!

**Please note:** There are scholarships available if needed, to match up to 2 nights purchased.