

FOURTEENTH SUNDAY
AFTER PENTECOST

The Rev. George Adamik, Celebrant & Homilist HOLY EUCHARIST 10:45 A.M. SERVICE AUGUST 25, 2024

Prelude Processional

Spread, O Spread, Thou Mighty Word

Liturgy of the Word

Carol Yeargin, Organist Hymn 530

Opening Acclamation

The Celebrant says

Blessed be the one, holy, and living God.

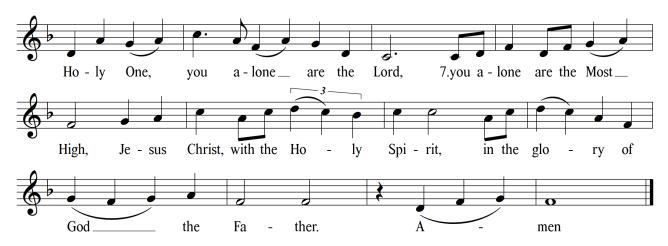
People Glory to God for ever and ever.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen*.

The following is sung.





Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

Children's Processional

All Things Bright and Beautiful (Verse 3) Children's Chapel is for children 3 years old through 5th grade.

Hymn 405

First Reading

Joshua 24:1-2a,14-18

A Reading from Joshua.

Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, "Thus says the Lord, the God of Israel:

"Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord."

Then the people answered, "Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God."

Reader The Word of the Lord. People Thanks be to God.

The Psalm Psalm 34:15-22

- 15 The eyes of the LORD are upon the righteous, * and his ears are open to their cry.
- 16 The face of the LORD is against those who do evil, *
 to root out the remembrance of them from the earth.
- 17 The righteous cry, and the LORD hears them * and delivers them from all their troubles.
- 18 The LORD is near to the brokenhearted * and will save those whose spirits are crushed.
- 19 Many are the troubles of the righteous, * but the LORD will deliver him out of them all.
- 20 He will keep safe all his bones; * not one of them shall be broken.
- 21 Evil shall slay the wicked, * and those who hate the righteous will be punished.
- 22 The LORD ransoms the life of his servants, *

and none will be punished who trust in him.

Second Reading Ephesians 6:10-20

A Reading from Ephesians.

Be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

Reader The Word of the Lord. People Thanks be to God.

Gradual Sing Praise to God Who Reigns Above Hymn 408

Gospel John 6:56-69

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Be Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father."

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

The Gospel of the Lord. Praise to you, Lord Christ.

Homily The Rev. George Adamik

Nicene Creed

People

All who are able, stand.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

People's Response: Lord, hear our prayer.

Confession of Sin BCP 360

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

All who are able, kneel. Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done,

and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Peace BCP 360

Celebrant The peace of the Lord be always with you.

People And also with you.

Announcements

If you would like to donate online, follow the QR code found on the giving card in the back of the pews.

At the end of the announcements, you are also welcome to come forward to make a special donation to Heifer International, a non-profit organization whose mission is to end hunger and poverty, to mark an anniversary, blessing, or other event.

Liturgy of the Eucharist

Offertory Carol Yeargin, Organist

Offertory Response All things come of Thee, O Lord, and of Thine own have we given Thee.

Eucharistic Prayer I Enriching Our Worship

The People remain standing.

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.

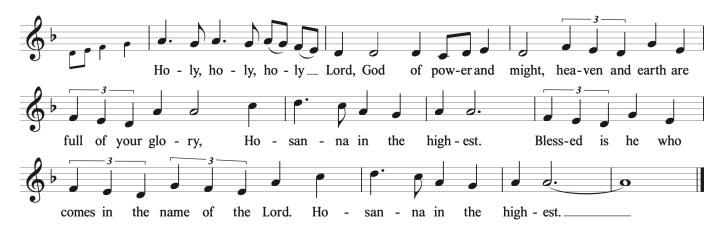
Celebrant Let us give thanks to the Lord our God. People It is right to give God thanks and praise.

The Celebrant proceeds.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation



as we sing:

Celebrant and People

Sanctus Holy, Holy, Holy Lord Hymnal S129

The Celebrant continues

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory.

Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Memorial Acclamation

Celebrant and People Christ has died.

Christ is risen.

Christ will come again.

The Celebrant then continues.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. *AMEN*.

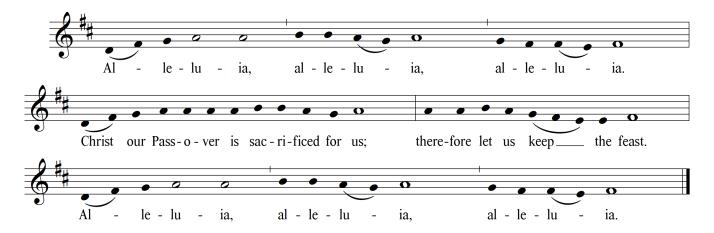
The Celebrant then continues

And now, as our Savior Christ has taught us, we are bold to say,

Lord's Prayer BCP 364

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.



Breaking of the Bread

A period of silence is kept.

Fraction Anthem Holy Communion

Christ Our Passover

Hymnal S154

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to come forward for communion, including children. Please follow the ushers' guidance as you come to the rail.

If you would like to receive the wine by intinction (dipping the bread in the cup), keep the bread in your hands and wait for the communion server to come to you.

If you would like to receive from the common cup (drinking from the cup directly), please consume the bread first and then make your way to the steps at the end of the rail. A communion server will be there with the common cup.

If it is not your custom to receive communion, you are still welcome to come forward for a blessing. Simply cross your arms across your chest and the minister will offer a prayer.

A priest is also available to provide prayers for healing in the back southwest corner of the church. Simply head to the back during communion distribution and wait for your turn.

If you are at home or otherwise unable to take communion, you may say the following prayer.

Spiritual Communion Prayer

In union, O Lord, with your faithful people at every altar of your Church, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

The Communion Music

Eternal Ruler of the Ceaseless Round How Lovely is Thy Dwelling Place Hymn 617 Hymn 517

Final Prayer

Celebrant and People

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food as we hear your Word proclaimed and gather at your holy Table. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing

Recessional Alleluia! Sing to Jesus Hymn 460

Dismissal

Deacon Let us go forth in the name of Christ. Alleluia, Alleluia.

People Thanks be to God. Alleluia, Alleluia.

Postlude Carol Yeargin, Organist

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The Altar flowers are given to the glory of God and in thanksgiving by Olivia Delahaye.

MISSION STATEMENT Worship. Serve. Grow.

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The Rev. George Adamik, Rector

The Rev. Javier E. Almendárez-Bautista, Associate Rector

The Rev. Alice Graham Grant, Associate Rector

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TODAY – AUGUST 25, 2024

New to St. Paul's? Welcome! Please let us know you are here by filling out a visitor card in the pew. Stop by our Welcome Station in the narthex (lobby) to chat with Greeters and find materials that might help if you are new to St. Paul's or the Episcopal Church. Join a tour of our campus on the third Sunday of the month at 10 a.m. to learn more and meet others. Contact Mary Kintz, our Community Connector, at mary.kintz@stpaulscary.org to learn more about joining us!

Children's Chapel: Children ages 3 years old through 5th grade are invited to process to Children's Chapel during the 9 a.m. service and return to their families during announcements.

Formation: Formation experiences for all have shifted to summer programming. We will resume our regular programming schedule on Sept. 8. See below for more details.

PARISH ANNOUNCEMENTS

Regular Sunday Schedule resumes Sept. 8: Sunday service times will be: 7:30, 9, and 11:15 a.m.

Children/Youth Programming Kickoff Celebration: Join us on Sunday, Sept. 8 at 10:15 a.m. for a festive celebration of Children and Youth Ministries at St. Paul's as we kickoff another programming year. Meet our Sunday School teachers, enjoy some special treats and have fun with friends, old and new! You can register online before coming or fill out the forms that day; don't miss out on the fun. Questions? Contact Mother Alice at alice@stpaulscary.org.

Pre-EYC Begins Sept. 15: Calling all 4th and 5th graders! Pre-EYC (Episcopal Youth Community) is a twice monthly gathering for 4th and 5th graders that builds church friendships through games, food and service. Pre-EYC is active in outreach, both here at church and in the community. Our first meeting is Sunday, Sept. 15, from 5-7 p.m. in the Parish Hall. We hope you'll bring a friend! For more info, contact Mother Alice at alice@stpaulscary.org.

First EYC (Episcopal Youth Community) Gathering Sept. 15: Rising 6th graders through 12th graders are invited to join St. Paul's EYC, which meets most Sunday evenings from 5-7 p.m. in the Youth Wing. EYC focuses on building a community for fellowship and faith using games, devotion and dinner together. Our first meeting on Sept. 15 will also include a meeting for parents to learn more about the year ahead. Please plan to join us and bring friends! Questions? Contact Youth Coordinator Ben Bricio at youth@stpaulscary.org.

Racial Equity Institute (REI) Phase I Workshop: The Racial Justice Planning Group and the Outreach Support Team are hosting a Racial Equity Institute (REI) Phase I workshop on September 12 and 13 at St. Paul's. Based in Greensboro, REI's two-day workshop is designed to develop the capacity of participants to better understand racism in its institutional and structural forms. The training is open to the public and has limited spaces available; registration information is available online. There are financial scholarships available through St. Paul's. Contact Kevin McIntire at kvn.mcintire@gmail.com for more information.

Ministry Fair: Join us in the Parish Hall on Sept. 15 during coffee hour (10:15 a.m.) for a Ministry Fair. Representatives from many of our ministries will be on hand to share stories and answer questions about what they do and how you can get involved. This is a great way to visit with friends as you share coffee and stories, whether you are new, visiting or just looking to connect. Contact Sally Moller at sbm2@nc.rr.com if your ministry would like to participate.

Lobster Fest is LIVE! We've flipped the switch to open our online ordering, so now is the time to reserve your Maine delicacy for Oct. 5! We'll be expanding our marketing efforts on Sept. 1, so don't delay! More information about the menu and pricing is found on our webpage; while you're there, please consider joining one of our many volunteer crews. It's such a fun way to get to know folks while helping raise funds for great projects. Questions? Contact Tad Richard at tadrichard@gmail.com.

Prayer List: Dave, Bob, Peggy, Ann, Vickie, Ann, Laura, Margaret, Mary, Virginia, Doug, Guy, Katie, Cathy, Alan, Jessica, Nancy, Sherry, John, Mary, Lynette, Susan, Clarence, Susan, Mila, Florence, Sue, Ron, Liz, Brent, Noah, Stephen, Sally, Chase, Anne, Heather, John, Janice, Scott, Kim, Julie, Chris, Bill, Martha, Connor, Dorthy, John, Randy, Nathanael, Becky, Mike, Nancy, Gail.

If you have a name you would like to include on the prayer list, or a ministry event that you would like to announce in this printed bulletin, please send information to announcements@stpaulscary.org. Names included in the prayer list will remain for a month, and we are happy to extend at your request. Please note that there is a 2-week lead time on printed announcements.



St. Paul's Website